

Nia Master Class

with Nia Co-Founders Debbie Rosas and Carlos Rosas



Spirit of Nia Tour 2009 Santa Barbara, California

Thursday, January 29, 2009

Earl Warren Showgrounds – Warren Hall

6 – 9 pm

Fee is \$25.00

Celebrating 25 Years of dancing to get fit through pleasure.

This special tour features a 90 minute Spirit of Nia Class open to all levels, and a special 30 minute Conversation with Debbie and Carlos after class.

NiaWear / CD / DVD on sale at the event

6 – 6:30 pm	Meet the Nia Community
6:30 – 8 pm	Master Class with Debbie & Carlos
8 – 8:30 pm	Conversation with Debbie & Carlos
8:30 – 9 pm	EnJOY the Pleasure of Nia in Community

Register early – on-line – to ensure your spot!

www.nianow.com

a percentage of the proceeds to benefit
Jodi House, Brain Injury Support Center



www.jodihouse.org

For more information regarding this Santa Barbara event contact Ken Gilbert 805.680.1669