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**POSTURE & STABILITY INSTRUCTOR**

**REPORTS TO:** Program Director

**CLASSIFICATION:** Volunteer or Independent Contractor

**MISSION**

Jodi House empowers brain injury survivors to not merely survive but thrive by providing support services that encourage their physical, cognitive, and behavioral recovery, regardless of the ability to pay.

**POSTURE & STABILITY INSTRUCTOR POSITION SUMMARY**

Jodi House’s Day Program allows survivors of brain injury to continue their cognitive, physical, and psycho-social recoveries through group classes. We are seeking a physical fitness or physical health professional to lead a weekly group of 8-16 brain injury survivors through low-impact, adaptable exercises to support proper posture, strong balance, and overall physical wellness. The instructor would be a volunteer or a paid independent contractor (pay DOE).

**INSTRUCTOR REQUIREMENTS**

* Maintain a high level of professionalism and possess excellent interpersonal and communication skills
* Experience leading groups preferred, but not required
* Experience with brain injury survivors or adults with disabilities preferred, but not required. All training on members relations and safety will be provided by Jodi House
* Interest in leading the group long-term and building relationships with members
* Proof of COVID-19 vaccination required
* Completion of a background check required

**SCHEDULE & LOCATION**

* 1-hour group every week
* Availability between the hours of 10 AM and 4 PM
* Will report on-site to Jodi House at 625 Chapala Street, Santa Barbara, CA 93101
* Potential for additional virtual teaching opportunities

Interested candidates should submit their resume to [gabby@jodihouse.org](mailto:gabby@jodihouse.org). Selected candidates will be contacted for an interview.